

THE BUSINESS FORUM

Keys to Peak Performance

Bill Adams, Center for Creative Leadership

October 20, 2009, 8:00 a.m. – 11:30 a.m.

Roanoke Higher Education Center

108 N. Jefferson Street, Roanoke



The Business Forum, hosted by the Virginia Tech Roanoke Center, announces its first educational program of the season. Speaker Bill Adams is a Senior Enterprise Associate at the Center for Creative Leadership in Greensboro, N.C. By applying the mental models used by elite athletes, leaders can positively and purposefully enhance their performance. This presentation offers a variety of cognitive and behavioral techniques that can be used to cultivate confidence, mental toughness and resilience. Participants will: learn about “flow” states, examine and understand the self-fulfilling prophecy, develop a mental filter, learn to control self-talk, and develop and use empowering affirmations.

The session is open to any and all business owners and invited guests interested in membership. To register for this event, please contact the Virginia Tech Roanoke Center by calling (540) 767-6100 or e-mail vtroanoke@vt.edu.

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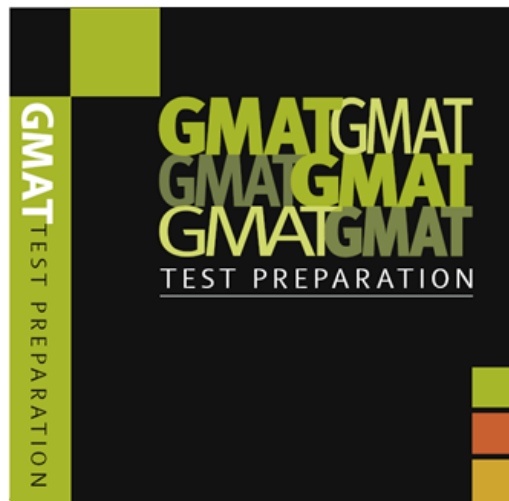
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CLINICAL SUPERVISION IN VIRGINIA

Planning to supervise LPC's but haven't fulfilled the new requirements.? This two day training provides 15 of the 20 contact hours required to supervise and highlights the legal, ethical and practical requirements associated with providing clinical supervision. Register for one of five locations. Register today at a convenient location!
<http://www.cpe.vt.edu/reg/csv>

- October 29-30, 2009: Northern Virginia Graduate Center Falls Church
- December 3-4, 2009 : Virginia Tech Hampton Roads
- January 14-15, 2010: Virginia Tech Roanoke Center
- March 15-26, 2010: Virginia Tech Southwest Center, Abingdon



GMAT TEST PREP COURSE

Monday/Wednesday

October 19 - November 16

6:00 - 9:00 PM

Virginia Tech Roanoke Center

Improve your chances of gaining admission to the MBA program of your choice with this 27-hour, comprehensive course covering each area of this challenging exam: mathematics, reading comprehension, grammar, critical reasoning, and essay writing. Reinforce your skills with practice on real GMAT questions and exam simulations and benefit from the tips and strategies offered by our experienced GMAT instructor, Jim Pilversack. The course fee includes a custom-designed workbook and *The Official Guide for GMAT Review, 12th Edition*. Cost \$925.

Register on line at www.cpe.vt.edu/gmat

**VIRGINIA TECH
ROANOKE CENTER
(VTRC)**

Located at the
Roanoke Higher Education Center
108 N. Jefferson Street
Suite 701
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Tel: (540) 767-6100
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The Arts Council of the Blue Ridge
in partnership with the Virginia
Tech Roanoke Center presents

**An Arts Institute for
Educators**

on Saturday, October 31, 2009
from 9 a.m. – 3 p.m. Highlights
of the Institute include: Keynote
Presenter, Barbara Shepherd,
Director of National Partnerships/
Education for the John F. Kennedy
Center for the Performing Arts; a
series of professional development
workshops focused on integrating
art into the classroom; and a
showcase of educational programs
delivered by regional arts
organizations (e.g., The Jefferson
Center, Roanoke Symphony
Orchestra, Southwest Virginia
Ballet, and Taubman Museum of
Art). The Institute will be held at
the Virginia Tech Roanoke
Center. The registration fee of
\$20 covers the costs for materials
and lunch. For more information
and to register, go to
www.theartscouncil.org or contact
Rhonda Hale
by calling (540) 224-1205.

OCTOBER 2009

SUN	MON	TUE	WED	THU	FRI	SAT
				1 OPEN HOUSE	2	3
4	5	6	7	8	9 FALL BREAK	10
11	12	13	14	15	16	17
18	19 GMAT COURSE BEGINS	20 BUSINESS FORUM	21	22	23	24
25	26	27	28	29 CLINICAL SUPERVISION	30 CLINICAL SUPERVISION	31 ARTS INSTITUTE

UPCOMING SPECIAL EVENTS

IMPORTANT DATES

**Thursday, October 1 – RHEC open House,
4:00 - 7:00 PM**

**Tuesday, October 20 – The Business Forum
Keys to Peak Performance
Roanoke Higher Education Center
8:00 - 11:30 a.m.**

**Thursday/Friday, October 29-30 - Clinical
Supervision Workshop, Northern Virginia
Graduate Center Falls Church**

**Saturday, October 31 - Teacher Educator
Workshop for the Arts
Virginia Tech Roanoke Center
8:30 a.m. - 3:00 p.m.**

**Friday/Saturday, November 6-7
PMBA Classes
Virginia Tech Roanoke Center**

**Friday, November 6 - Research Forum
Enterprise GIS
Seth Peery, Senior GIS Architect**

**Tuesday, December 15 - The Business
Forum, The Coach Approach: Shifting from
Problems to Possibilities
Roanoke Higher Education Center
8:00 - 11:30 a.m.**



2009 LIFELONG LEARNING

A Lifelong Learning series focusing on the
Earth will begin October 30th. The series
will run five consecutive Fridays. The cost
of \$75 will cover all lectures, course
materials, and lunches.

Call (540) 767-6100 or e-mail
vtrroanoke@vt.edu for additional
information. Register on-line at
www.cpe.vt.edu/reg/llc.
Mark your calendars now!!!

Oct 30th – Jeb Barrett
Climate Change and Biodiversity

Nov 13th - Martin Chapman, Research
Assistant Professor of Geosciences
Earthquakes

Nov 20th – Robin Reed, WDBJ7
Meteorology

Dec 4th – Mary Socky, Blue Ridge Grotto,
Caving

Dec 11th – Richard Law
Plate Tectonics